

A BRIGHTER FUTURE



The Tauranga/Western Bay of Plenty Newsletter connecting Newcomers and their families to local Information and Service Providers for Settlement needs

Newsletter January 2012 Volume 7, Issue 01

At this time of year, there are many **outdoor festivals** on around the Bay. Keep an eye on the community newspapers and the websites on page 4 here.

The Air Show this weekend is a huge attraction for many visitors. I've heard the first of the planes arriving already and I know a few ardent fans, including international visitors who will be out in the sun, watching the antics of these clever pilots. At least we hope we'll have clear skies and sunshine.



Keep that sunscreen on and enjoy your long weekends.

Carol Andersen
Settlement Support Co-coordinator

Supported by:



2012 Public Holidays

New Years Day	Sunday 1 January
Day after New Years Day	Monday 2 January
Waitangi Day	Monday 6 February
Good Friday	Friday 6 April
Easter Monday	Monday 9 April
Day after Easter Monday	Tuesday 10 April
Anzac Day	Wednesday 25 April
Queen's Birthday	Monday 4 June
Labour Day	Monday 22 October
Christmas Day	Tuesday 25 December
Boxing Day	Wednesday 26 December

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Visit: www.migrantsupport.org.nz
"Connecting Newcomers Locally"

Tena koutou katoa - (Greetings to everyone)

Wishing you all a very bright and successful New Year. Settlement Support NZ is about assisting **newcomers** and their families to access the information they require to settle into the community. This time of year is a great time for reflection and planning for our year ahead and beyond.

Settlement Support is also about aligning with **service providers** and **employers** of migrants to share resources to welcome the families of newcomers to settle well within our community - providing information and referrals to social connections, sport clubs, and activities in the Bay of Plenty. We encourage enquiries from employers who wish to know how we might collaborate to provide a welcoming blueprint for their new employee's family. Examples of this would include the connections mentioned above, a one day free seminar where newcomers can begin forming a network at the same time enjoy a fun and informative day. Read more about this *"Connecting With Kiwi Culture"* an orientation seminar on the following page.

Our list of Public Holidays is pasted here for reference.

It's great that we have two long weekends coming up now that our summer seems to have arrived. So we hope you have a wonderful family and friends time and stay safe in the water – at the beaches AND around rivers. There is a lot of information on the **Water Safety** website <http://www.watersafety.org.nz/> Please also pass on water safety messages to any known visitors or newcomers to NZ! And to our locals as well it seems. We have already had too many drowning this summer.

What's On from SSNZ ...



<http://www.migrantsupport.org.nz/news.html> for details of all upcoming SSNZ workshops and newsletters

Of interest to Newcomers/Migrants to our region – all welcome

**Wednesday 07 March 2012 –
“Connecting with Kiwi Culture” Full**
details opposite

日本語会話クラブ

**JAPANESE CONVERSATION CLUB
Begins Wednesday 1 February 2012**

6.00pm – 7.00pm

At Takara Japanese Restaurant,
18 Hamilton St Tauranga

RSVP: To Michelle McCarthy at
michelle@priorityone.co.nz

Or Phone: 07 571 1401

KATIKATI A & P SHOW – SUNDAY 5 FEBRUARY 2012

Uretara Domain from 9am.

Adults \$5, School Children \$2, under 5yrs free

Highland Dancing Competition * Milking
competition * Photo competition

Petting Zoo * Belly Dancers * Bowhunter *
Clydesdales * Carnival rides

Cattle judging * Horse Events * Calf Club

MAKETU KAIMOANA FESTIVAL Saturday 10 March 2012

Maketu Sports Ground from noon to 6pm
Adults \$25, 17 yrs and under \$10 and under
fives are free.

Check out their website:

<http://www.maketukaimoana.co.nz/>

Connecting With Kiwi Culture

*A fun orientation programme for
newcomers*



Topics included in this **full day** cost-free
programme:

- How is New Zealand different
- Stages of culture shock and change
- Creating a new life
- Networking is a key
- Keys to success
- Using your skills
- Values and goals for the future

When: Wednesday 7 March 2012 9am – 4.30pm

Where: Tauranga Club, Level 5, Devonport Towers
72 Devonport Rd, Tauranga

Cost: No charge

Morning Tea and lunch is provided

A full day programme for newcomers
wanting to learn more about the background
of New Zealand, enjoy a fun day with a
network of new friends, and at the same
time consider their options for 2012.

All participants receive a resource pack.

Note: *Registrations are restricted to a minimum
of 8 persons and a maximum of 20 persons.*

**To register and for further information
contact:**

Settlement Support Ph: 07 579 6532 or

Email: ssnz@ymcaturanga.org.nz

IMPORTANT NOTICE FOR OUR ATTENTION!

Two of the give way road rules are changing

To make our roads safer, two of the give way rules are changing. These changes come into effect at 5am on Sunday 25 March 2012. Until then the current give-way rules apply.

These changes will affect all drivers, riders, pedestrians and cyclists. Make sure you know the new rules so you'll know what to do.

Click into the website at <http://www.nzta.govt.nz/traffic/around-nz/road-user-rule.html> for further information and illustrative diagrams to learn about these new rules.

Courses Available at Katikati Resource Centre

Beach Rd, Katikati
Ph: 07 549 0399

UNDERSTANDING DEPRESSION AND ANXIETY

Tutor: Renee Wilton

Wed 8 Feb 3 – 5 pm OR 6.30 – 8.30pm *Free (Must Register limited numbers)*

These **free** seminars will cover the signs & symptoms, types of, causes, treatment options, self-help resources/strategies, and how to support someone with Depression and/or Anxiety. The sessions will be facilitated by Renee Wilton & Simon Lowe both Mental Health Clinicians with nearly 50yrs of experience between them. All adults are welcome.

UNDERSTANDING WOMEN (Course for MEN ONLY) *Tutor: Janice Higgison*

Wed 22 Feb to 28 Mar 7 - 9pm \$60

Want less aggro and more peace? Had enough of jumping through hoops trying to guess what she wants and getting nowhere? Are you fed up with repeating the same old relationship dramas? Maybe it's time to start to understand women. Think of the "BENEFITS"!

UNDERSTANDING MEN (Course for WOMEN ONLY) *Tutor: Wol Hansen*

Wed 9 May to 13 Jun 6.30 - 8.30pm \$60

Do you find yourself wondering "What is going on in that man's head?" Are you sick of asking, then nagging and still getting nowhere? Have you worked out that moaning to your friends isn't changing what's happening? Come and discover just what might make the difference and ignite the spark again!

GETTING INTO WORK *Tutor: Paula Harrison*

Thursdays 9 Feb – 15 Mar 9.30 – 12pm \$30 for 6 wks (*Equals \$5 per wk*)

Is it time to brush off the CV, improve your interview techniques and get a plan together for a new job in 2012? Then this is the course for you. This practical, welcoming course will help you navigate the job market so you can find what you are looking for. It's competitive out there and this may just be the edge you need.

Activities taking place at the Tauranga Regional Multicultural Council next week:-

Forrester's Hall, Historic Village

17th Ave, Tauranga

Ph. 5716419

Office hours Tue-Wed-Thur 10 a.m - 2 p.m

Wednesday 1 Feb 10.30 am – 12 noon. Newcomers Network coffee morning restarts

Thursday 2 Feb 9.30am – 11.30 am. English Conversation classes restart
Koha of \$2 to include morning tea.

Our YMCA Tauranga CEO is leaving us ☹️.

Amy Thaler has been the Manager for the Settlement Support New Zealand since February 2009.

She decided last year to return to her home and family in the USA for 2012. Her NZ born daughter Blythe will have the opportunity for the next few years, to come to really know her US grandparents, uncles, aunts and cousins.

As a farewell gesture this Friday, our school holiday programme supervisors and 94 + children,



provided a flash mob singing Y-M--C-A... outside Amy's office. Take a look at the pics here. You can see the "**Flash mob**" in action and Amy responding suitably.



That put a delay upon a serious meeting!

Great stuff from the children and quite a feat to get all these kids here and on cue!

Well done supervisors!

We're going to miss you Amy Thaler ☺️☺️☺️☺️☺️

March 1 will see the YMCA welcoming Ric Balfour as the new CEO.

Ric will also be the new SSNZ Manager.



SOCIAL AND NETWORKING CONNECTIONS

For other "What's On" events in the region, please visit the websites below... for lots of activities for all the family...

Tourism BOP Events –
Visit their website at:
<http://www.bayofplentynz.com>

For Arts and Culture events – visit
www.creativetauranga.org.nz

For other things to do, places to go, places to shop and eat, try this website
www.bestoftauranga.com

For information about Te Puke and what's on, visit ...
<http://www.tepuke.co.nz/>
** www.katikati.org.nz/

Look at the Community newspapers each week. They're really comprehensive and contain sections about "What's On" in the region

A great way to meet others – "City On It's Feet" is co-ordinated by Nicki Miller. There is a group to suit you – daytime, after work and even for pram walkers!

Visit their website for lots more information
www.cityonitsfeet.org.nz Or call them at 07 578 9610

ESOL evening classes are advertised at Tauranga Girls College Rm C2 for 8 weeks beginning Mon 13 Feb 7-9pm for 8 weeks at a fee of \$80! Please let people know who might require this tuition. Tutor is Meagan Holden – Contact

ATTENTION INTERNATIONAL WOMEN [Look toward February 2012]

WING – Women's International Network Group meets each month, usually on the last Friday. Venues alternate between Tauranga and Papamoa. If you would like to join this group, watch this space in February 2012 or email to Birgitta Baade-Joret ...
birgitta.baade@gmail.com

Or phone Settlement Support NZ
Ph: 07 579 6532 *Carol Andersen*

Papamoa Mumz: A great place to make friends

A safe, child friendly area
Free coffee / morning tea
A safe place to chat and share ideas
Fun, creative activities for children
Monthly information sessions
Professional family support available
Koha / Donation please

Papamoa Mumz meets
Every Monday during term time
9.30am to 11am
(excluding Public Holidays)

Papamoa Support Centre

95 Hartford Ave
PO Box 11007
Papamoa 3151
Phone/Fax: 07-5747170
Email: family.psc@orcon.net.nz

That covers connecting the women socially, so what about the men?

Men! [and some for women] Try the Citizen's Advice Bureau website to locate various service clubs for a good network opportunity near you... www.cab.org.nz
Or Telephone them at 07 5781592

SSNZ Contact Centre
YMCA Tauranga Phone: **07 579 6532**
428 Devonport Road Mobile: **027 578 9272**
TAURANGA Fax: 07 577 6475
Email: ssnz@ymcatauranga.org.nz

For local settlement information, Visit:

www.migrantsupport.org.nz



SETTLEMENT SUPPORT
NEW ZEALAND